



FREEMAN COMMUNITY PRIMARY SCHOOL

From tiny acorns mighty oaks grow.

Friday 14th November 2025

Diary Dates

November

Friday 21st November

Willow Class Parent Workshop@2pm

Wednesday 26th November

Hazel Class Parent Workshop @2pm

Thursday 27th November

Year 4 trip to The Longshed

December

Thursday 4th December

Prospective parent show round

Beech Class Parent Workshop@2pm

Year 5 CET Christmas Concert

Wednesday 10th December

Cherry Tree Class Parent Workshop @2pm

Thursday 11th December

Christmas Lunch

Friday 12th December

Oak Class Parent Workshop @2pm

Opening comment

This week has seen some practical learning going on in school; Year 6 children go to Duxford to support their learning on World War 2, Year 1 learning how to make sandwiches using lots of imperative verbs (following on from their smoothie making!) and Year 2 have been singing songs to prepare for their nativity.

Please may I ask all parents to be considerate when parking in the layby in the mornings, a number of times the entrance to the school has been blocked, and cars have been parked inside coned areas which have been cordoned off when we are expecting a bus. Thank you for your co-operation.

Stars of the week



Attendance Week beginning

10th November 2025

Acorn: 97.25%

Cherry Tree: 97.04%

Maple: 98.44%

Beech: 95.93%

Hazel: 98.67%

Willow: 95.36%

Oak: 97.09%

Well done **Hazel Class** for being this week's winners!

House Points so far...

Brett: 339

Deben: 388

Orwell: 345

Gipping: 394

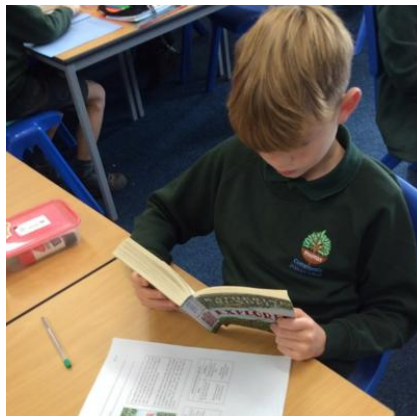
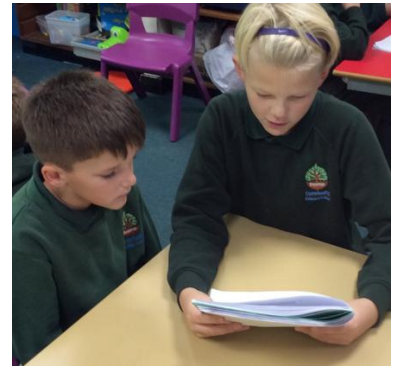
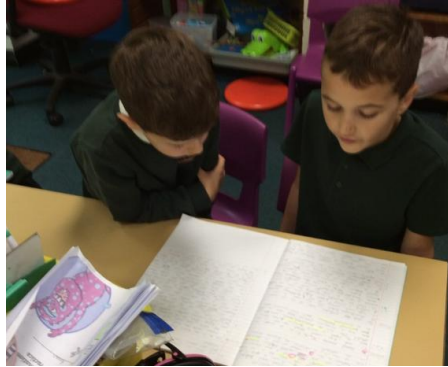
Lark: 359

Stour: 329

Willow Class

Willow Class are loving their new class book 'The Explorer' by Katherine Rundell. A thrilling story of adventure, friendship and survival in the Amazon. The children are excited to use some of the survival skills in Forest School next term and are delighted to learn about the incredible species the survivors keep encountering in the rainforest. In English the children wrote their own Greek myths and thoroughly enjoyed reading them to Beech Class. The Year 3 children were very impressed with how much writing the older children had done and enjoyed the action parts and the mythical beasts created.

In PSHE, democracy has been a key feature of the topic and the impact of working together for a common goal. One group won the team building challenge, designing and constructing the tallest tower using only paper and sellotape.



Children in Need

Our school was full of Pudsey ears and bright colours today! Thank you to everyone who joined in and donated. Your support helps make a real difference to children and families across the UK. Take a look at our photos of our amazing pupils showing their Pudsey spirit!



Year 6 Trip to Duxford – A Day to Remember!

Our Year 6 pupils had an amazing day exploring the Imperial War Museum at Duxford! The trip brought their history topic on *World War II* to life, giving them the chance to see real aircraft, military vehicles, and exhibits that tell the stories of those who lived through the war. The children were fascinated by the Battle of Britain hangar and enjoyed learning how these events shaped the world we live in today.

This hands-on experience helped deepen their understanding of the key themes they've been studying in class, from evacuation and rationing to the role of the RAF. It was a fantastic opportunity to connect classroom learning with real-world history, and the excitement and curiosity shown by the pupils made the day truly special!



Freeman School Council

On Monday, our newly formed and very enthusiastic School Council met. The council is comprised of twelve children, two from each year group, democratically elected by their classmates. Each councillor was “sworn in” by Mrs Greer, by promising to attend regular council meetings and to fairly represent the views of their class. They were then presented with a badge of office.

Council immediately got to work on a couple of projects. Two groups brainstormed ideas about the issues affecting our school environment and ways we could make improvements. A third group created some signs for our playground scooter area, to remind children not to cross the track whilst scooters are zooming around! They will be thinking more about our environmental issues at the next meeting.

Christmas Lunch and Christmas Jumper Day

We're excited to celebrate Christmas in true Freeman style!

Our Christmas lunch will take place on Thursday, 11th December. This also happens to be Christmas Jumper Day, so children are welcome to dress up in their festive jumpers and join in the fun!



Christmas Craft Fair

Holy Trinity Church
CHRISTMAS CRAFT FAIR
Stowupland Village Hall
 Church Road, Stowupland IP14 4BQ
Saturday 15th November
 10am - 4.30pm
 Admission Free * Refreshments
 Hot-Snack from 12 noon

Don't forget about Wraparound Care: The Den!





Freeman Community Primary School's Wrap Around Care is now open!

"The Den"
 is now available every school day.

Session times: 3:15pm-4:15pm and 4:15pm-5:15pm

Cost: £5 per session

Tax Free Childcare Accounts can be used.
 Parents pay £4 a session, the Government tops up the rest!

Please ask the office for more information




Parent Governor Vacancy

A reminder that we still have a vacancy for a Parent Governor on the school's governing body.

If you have an interest in education and can commit to one evening, six times a year and occasional visits during the school day, we would be very pleased to hear from you.

Please contact the office for an application form or to discuss the role in more detail.



Thursday 20th November!

Times:
 R,1&2 : 3.15 - 4pm
 3&4 : 4.15 - 5pm
 5&6 : 5.15 - 6pm

£2.50 includes drinks & sweets to take home!



My Clothing

My Clothing are pleased to be able to offer another discount period that runs until the end of the year.

The details are as follows:

Code: 10%myc2025

Expires: 31st December 2025





Rainbow Donations

Come in non-uniform on 20th November with a donation in your class colour, all non perishable items welcome to fill our Christmas hampers.

Acorn - Gold 	Cherry - Pink 	Hazel - Blue 
Maple - Purple 	Willow - Yellow 	Beech - Green 
Oak - Red 		

A Little Reminder About Play Equipment

For the safety of all our children, please ensure that play equipment is not used before or after school. We appreciate your support in keeping everyone safe and happy!

Acorn and Maple Nativities

As per the calendars sent to parents for this academic year, Acorn will be performing their nativity on 17th and 18th December, starting at 2pm.

Maple will be performing their nativity on 15th and 16th December at 2pm.

More information will follow soon.

❖ Save the Date- You're Invited! ❖

Tea, Coffee & Chat
with PINS – Partnership for Inclusion of Neurodiversity in Schools

📅 Date: Thursday 27th November

🕒 Time: 2-3.15pm

📍 Venue: Freeman Primary School

Come along for an informal get-together with other parents and carers
This is a safe space to:

- 🗣️ Share experiences
- 👂 Hear about PINS and what it means for our school
- 🤝 Connect with staff and families


What is PINS?

PINS is all about inclusion. It brings together health, education, and parent carer teams to build knowledge and understanding across the whole school – staff, parents, and carers – so every child can thrive.

Everyone is welcome – whether your child is neurodivergent, or you think they might be, or you'd just like to learn more.

We look forward to seeing you! ❤️

SENDIASS Information



Understanding children and young people's behaviour as a communication need.

We all communicate through behaviour.

SENDIASS is hosting a relaxed online session for parents and carers exploring how to support the communication skills of children and young people, through our own responses, to better understand their behaviour.

Specialist teachers from the Speech, Language and Communication Needs Service will deliver the session. This team is part of the Specialist Education Services in Suffolk, which support schools to support pupils with different special educational needs.

[Understanding Children and Young People's Behaviour as a Communication Need](#) (opens PDF flyer)

Booking is open for a session for parents and carers, hosted by SENDIASS.

In this session for families, specialist teachers from the [Speech, Language and Communication Service](#) will explore how to support the communication skills of children and young people, through our own responses, to better understand their behaviour.

19th November 2025

10am – 11:30am

[Click here to register](#)

[What parents have said about this session:](#)

'This was a really helpful session.'

'Such valuable information!'

'Great session. Thank you for all the tips. We found it very useful.'

What Parents & Educators Need to Know about AI-GENERATED VIDEOS

WHAT ARE THE RISKS?

AI-generated videos are increasingly difficult to spot and easy to share. From fake news clips to deepfake abuse, children and young people face new risks every day online. These videos can imitate real people, spread false narratives or even generate harmful content from scratch. Understanding these dangers is crucial for schools and families who want to protect children in a fast-evolving digital world.

DEEPIAKE ABUSE CONTENT

Shockingly, artificial intelligence is now being exploited to create child sexual abuse material (CSAM). These synthetic images and videos are a form of digital abuse, often generated by manipulating real children's photos, including ones shared innocently online. Worryingly, the Internet Watch Foundation (IWF) has identified a sharp rise in this disturbing trend. Whether real or AI-generated, this content causes lasting trauma – and its creation or possession remains a criminal offence under UK law.

BLURRED REALITY

Regular exposure to fake content can erode a child's trust in real-world evidence. If everything can be faked, they may begin to question genuine videos – including actual abuse or injustice. This is known as the 'liar's dividend', where real harm is dismissed as fake news. It can discourage victims from coming forward or speaking up.

USED FOR BULLYING

Deepfake technology is already being used by peers to create embarrassing or explicit clips of classmates. These videos can be edited to appear as though a child said or did something they never did. Once shared, they are almost impossible to delete completely. AI-generated bullying adds a new layer of harm that is deeply personal and difficult to prove.

EMOTIONAL MANIPULATION

AI-generated videos can be used to provoke strong emotions, including fear, anger or guilt. False footage of crying children, injured animals or burning buildings may be created purely for clicks, donations or political influence. Children may feel upset or powerless, unaware that what they are watching has been digitally invented to manipulate their reaction.

DISINFORMATION

AI-generated videos can spread fake news, making it harder for children to separate fact from fiction. False clips may include deepfake interviews, hoax disasters or fabricated health claims. AI is already being used to produce misleading or persuasive material that appears authentic. If they don't develop media literacy, children may accept false content as truth.

IMPERSONATION AND SCAMS

With just a few photos or voice clips, AI tools can imitate someone's appearance or speech. This makes it easier for scammers or bullies to create fake videos of children, teachers or celebrities. These impersonations can be used for fraud, harassment or humiliation – and can spread quickly through social media or group chats, due to the viral potential of video, in particular, on social media.

Advice for Parents & Educators

TEACH HOW IT WORKS

Explain to children that videos can be faked – and show them how. Demonstrating side-by-side examples of real vs AI-generated clips helps to build awareness. Discuss how faces, voices and even movements can be copied by machines. Understanding the technology reduces fear and builds confidence in navigating digital content safely.

TALK ABOUT TRUST

Always keep lines of communication open. If a child sees something upsetting or unbelievable, they should feel safe discussing it without judgement. Create an environment where they know they will not get in trouble for asking questions. This also helps you step in quickly if harmful content has been shared; trust is vital and needs to be nurtured.

ENCOURAGE CRITICAL QUESTIONS

Help children question what they watch. Who made this? Why was it made? Is it trying to persuade me? These habits encourage digital thinking, especially when videos seem too shocking or convenient. Reinforce that not everything shared by friends or influencers is true, even if it looks convincing at first, and that the initial approach should always be one of speculation.

STRENGTHEN PRIVACY SETTINGS

Advise children not to share voice notes, selfies or personal videos on public platforms. AI tools often scrape content from social media to create deepfakes. Use privacy controls to limit who can see their content and turn off facial recognition where possible. Fewer public images means fewer opportunities for misuse.

Meet Our Expert

Brendan O'Keefe is a headteacher and digital education consultant with over a decade of experience in education. As Director of Digital Strategy across multiple schools and an advisor to The National College, he specialises in digital safety, PREVENT, and pastoral care.

