



# FREEMAN COMMUNITY PRIMARY SCHOOL

*From tiny acorns mighty oaks grow.*



**Friday 21st November 2025**

## Diary Dates

### November

**Wednesday 26<sup>th</sup> November**  
Hazel Class Parent Workshop  
@2pm

**Thursday 27<sup>th</sup> November**  
Year 4 trip to The Longshed

### December

**Thursday 4<sup>th</sup> December**  
Prospective parent show round  
for Reception 2026 children

Beech Class Parent  
Workshop @ 2pm

Year 5 CET Christmas Concert

**Friday 5<sup>th</sup> December**  
Year 5 singing to Langham  
Manor Care Home in school

**Wednesday 10<sup>th</sup> December**  
Cherry Tree Class Parent  
Workshop @2pm

**Thursday 11<sup>th</sup> December**  
Christmas Lunch and  
Christmas jumper day

**Friday 12<sup>th</sup> December**  
Oak Class Parent Workshop  
@2pm

**Monday 15<sup>th</sup> December**  
Year 5 to Steeple View to sing

**Monday 15<sup>th</sup> and Tuesday 16<sup>th</sup>  
December**  
Year 2 Nativity Performance  
@2pm

## Opening comment

This week's edition of the Newsletter includes some additional information about the CET Christmas Concert, start times for the Acorn and Maple Nativities later on in the term and information about other events happening in school before we break up for the Christmas holiday.



A big thank you to everyone who contributed to our Children in Need fundraiser last Friday. Together, we raised a fantastic £161.10 for the charity!

## Stars of the week



## Attendance Week beginning 17<sup>th</sup> November 2025

Acorn: 94.58%  
Cherry Tree: 97.04%  
Maple: 91.41%  
Beech: 95.93%  
Hazel: 95%  
Willow: 92.5%  
Oak: 96.38%  
Well done **Oak Class** for being this week's winners!

## House Points so far...

**Brett: 619**

**Deben: 654**

**Orwell: 580**

**Gipping: 653**

**Lark: 612**

**Stour: 570**

## Hazel Class

Year 4 have been busy learning about multiplication and the relationship between different times tables. We have discovered that we can use lots of other facts to help us learn new times tables and how we can identify whether a number is a multiple or not. In English, we have been learning the features of a diary entry, the grammar that we use such as informal language and first-person pronouns and how to plan and write a first-person diary entry.



It's been an exciting time in Science as we explored the different states of matter through hands-on experiments. We investigated which temperature melts ice the fastest and compared how quickly white, milk, and dark chocolate melt - lots of predictions and fun experiments. It was a shame we couldn't get to taste the chocolate though!

In DT, we've been tasting biscuits (the best part!) and learning how to make a basic biscuit recipe. Next, we'll adapt our creations to suit a specific audience - watch this space for some delicious designs!



## Freeman School Council Zoom Meeting

This week, we held our first virtual Trust School Council meeting, where the focus was on sustainability. We discussed the steps our school is already taking to help the environment and shared ideas on what we could do collectively as a Trust to make an even bigger impact. As a cluster of schools, we agreed on an exciting initiative - a Trust-wide litter picking day! Ronnie and Oscar represented our school brilliantly during the meeting, and we are so proud of their contributions. A huge thank you also goes to Mrs Greer for her support with our School Council.





**CHRISTMAS LUNCH**

**11<sup>th</sup> DECEMBER 2025**

Festive Roast Chicken  
or  
Quorn fillet

Served with Roast Potatoes,  
Seasonal Vegetables, Chipolata, Stuffing  
Yorkshire Pudding and Gravy

Followed By  
Chocolate Brownie Trees with a Dusting of Snow  
or Fresh Fruit

**LUNCHTIME CO**

### CET Christmas Concert - Year 5 Only

Year 5 Notice - There are still a couple of spaces available for anyone else wishing to attend the **CET Christmas Concert** at the Corn Exchange in Ipswich on Thursday 4th December 2025. These remaining spaces will be allocated on a first come first serve basis to anyone else consenting on Arbor.

### Don't forget about Wraparound Care: The Den!





**Freeman Community Primary School's Wrap Around Care is now open!**

**"The Den"**  
is now available every school day.

Session times: 3:15pm-4:15pm and 4:15pm-5:15pm

Cost: £5 per session

Tax Free Childcare Accounts can be used.  
Parents pay £4 a session, the Government tops up the rest!

Please ask the office for more information

### Christmas Lunch Ordering

A reminder that Friday 28<sup>th</sup> November is the deadline to order your child's school Christmas Lunch on Thursday 11th December. An email with all of the information was sent home on 7<sup>th</sup> November but, for ease, the link to the order form can be found [here](#).

Please note that the "festive pudding" for dessert has been confirmed as a chocolate brownie with a dusting of snow (icing sugar!)

### Parent Governor Vacancy

A reminder that we still have a vacancy for a Parent Governor on the school's governing body.

If you have an interest in education and can commit to one evening, six times a year and occasional visits during the school day, we would be very pleased to hear from you.

Please contact the office for an application form or to discuss the role in more detail.

### Reminder About Play Equipment

For the safety of all our children, please ensure that play equipment is not used before or after school. We appreciate your support in keeping everyone safe and happy!

### England's Karate School

Unfortunately, the email address provided in our email with the EKS poster earlier in the week isn't responding. Please contact Steph on 07940 023477 to book a free trial quoting the name "Aneira".

### My Clothing

My Clothing are pleased to be able to offer another discount period that runs until the end of the year.

The details are as follows:

**Code: 10%myc2025**

**Expires: 31st December 2025**



### Acorn and Maple Nativities

As per the calendars sent to parents for this academic year, Acorn will be performing their nativity on 17<sup>th</sup> and 18<sup>th</sup> December, starting at 2pm.

Maple will be performing their nativity on 15<sup>th</sup> and 16<sup>th</sup> December at 2pm.

More information will follow soon.

## ❖ Save the Date- You're Invited! ❖

Tea, Coffee & Chat  
with PINS – Partnership for Inclusion of Neurodiversity in Schools

📅 Date: Thursday 27<sup>th</sup> November

🕒 Time: 2-3.15pm

📍 Venue: Freeman Primary School

Come along for an informal get-together with other parents and carers

This is a safe space to:

- 🗣️ Share experiences
- 📍 Hear about PINS and what it means for our school
- 🤝 Connect with staff and families

What is PINS?

PINS is all about inclusion. It brings together health, education, and parent carer teams to build knowledge and understanding across the whole school – staff, parents, and carers – so every child can thrive.

Everyone is welcome – whether your child is neurodivergent, or you think they might be, or you'd just like to learn more.

We look forward to seeing you! ❤️



## Staffing Update

We would like to inform you that Mrs Greer will be retiring from Freeman! Her last day with us will be Thursday 27<sup>th</sup> November; I am sure you will all join me in wishing Mrs Greer a well earned, restful retirement after being at the school for 18 years.

## Fidget Toys

Unless a fidget or cuddly toy is specifically listed on your child's Learning Plan or agreed upon with their teacher, please do not send these items into school. If your child requires a fidget toy, it should be quiet and small enough to fit comfortably in their hand. Should the item become a distraction to learning, your child will be asked to put it away.

## Breakfast Club and The Den

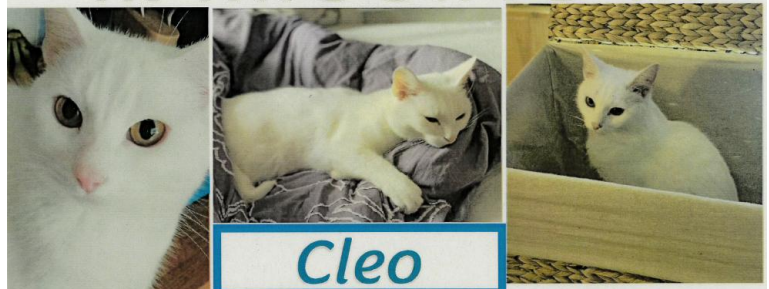
Please can we ask that if you would like your child to attend either Breakfast Club or the Den, that parents sign up before the session, and only sign up for sessions that you are planning for your child to attend. If you do not book sessions in advance, you run the risk of being turned away if the clubs are oversubscribed. Please be aware that if you sign up for sessions you do not intend to use, it may stop another family from being able to access the clubs. If you have booked a session you know that your child will not be attending, please inform the office so the registers can be adjusted.

Thank you for your continued support.



## Missing Cat

# !!! MISSING !!!



From 23 Saxham Street, Stowupland.  
**Very** loved family cat.

Male. White. Domestic Short Haired. Microchipped & Neutered.  
Please check your sheds & outbuildings.  
Any information, good or bad, please call 07739416543.

 **SEM**  
Social, Emotional & Mental Health Service

 **sendiass**  
Specialist Educational Health and Quality Improvement Advice & Support Services

### Supporting children and young people to manage their emotions

SENDIASS is hosting a relaxed online session for parents and carers exploring ways to help your child to understand and manage their feelings. We will also explore strategies which schools may use, and how they can access advice to enable them to support your child.

The presentation will be delivered by specialist teachers from Suffolk's Social, Emotional and Mental Health Service. This is one of the five Specialist Education Services in Suffolk, which support schools to support pupils with different special educational needs.

The session will explore:

- what your child's behaviour may be communicating
- strategies to support your child
- what can lead to meltdowns and how to support your child during and after a meltdown
- strategies schools may use and how they can access advice to help them support your child.

4<sup>th</sup> December 2025 10am – 11:30am

[Click to register](#)

'Really informative session and has given me a completely different outlook on how to deal with my son's 'meltdowns.'

'Makes so much sense, really helpful practical advice 😊'

'This was so helpful. Really good practical information that other courses don't always cover.'

[Supporting children and young people to  
manage their emotions Tickets, Thu 4 Dec 2025  
at 10:00 | Eventbrite](#)

# What Parents & Educators Need to Know about TRACKING DEVICES

Bluetooth tracking devices like Apple's AirTag and Samsung's SmartTags have exploded in popularity, with millions sold each year. These small tools help people locate their lost items, but their discreet design has also made them attractive for more sinister purposes. From stalking to bullying, tracking devices present unique risks that trusted adults need to understand and address.

## WHAT ARE THE RISKS?

### STALKING AND HARASSMENT

Because of their tiny size and unassuming appearance, tracking devices can easily be hidden in bags or clothing. They've been used to monitor individuals without their knowledge, with a lawsuit in the US labelling AirTags "the weapon of choice of stalkers and abusers". In the UK, use of tracking devices in coercive control and stalking cases reportedly rose by 317 percent between 2018 and 2023.

### TOOLS FOR BULLYING

Tracking devices could allow bullies to follow or locate their targets even outside of school. This makes it difficult for children to find refuge, potentially extending the trauma of bullying into spaces – like home – that should feel safe and secure.

### FALSE ACCUSATIONS

Because tracking devices are linked to user accounts, they could be misused to 'prove' ownership of someone else's possessions. Someone could, for example, plant a tracker on another person's belongings to falsely claim them as their own.

### INVASION OF PRIVACY

These devices are designed to share location data with the user via other people's phones, which can unintentionally broadcast someone's movements without their consent. This makes them vulnerable to being monitored by strangers without realising.

### DIFFICULT TO DETECT

Many tracking devices are designed to be discreet, but that also means they're easy to hide. Without proactive checking or the right tech to detect them, children and young people might not realise they're being tracked.

## Advice for Parents & Educators

### WATCH FOR WARNING SIGNS

If a child's peers always seem to know their location – whether in person or hinted at online – it could be worth checking for tracking devices. Some, like AirTags, will eventually make a noise if separated from their owner. Listen out for a chirping sound.

### CHECK LIKELY HIDING SPOTS

Common places where trackers may be planted include jacket linings, bag seams, pockets, or under bike seats. If you find one, take a photo of the serial number before disposing of it – this could help police trace the account it's linked to.

### USE DETECTION APPS

Apple devices running iOS 14.5 or later will notify users of unknown AirTags nearby. Android users can install Apple's 'Tracker Detect' or the third-party app 'AirGuard' to scan for tracking devices from various manufacturers.

### HAVE THE CONVERSATION

Talk to your child about what tracking devices are, what signs to look out for, and how they might be misused. Emphasise the legal consequences of using them to prank, harass, or monitor someone.

### Meet Our Expert

Alan Martin is a seasoned technology journalist with bylines in Wired, TechRadar, The Guardian, The Evening Standard, The Telegraph, and The New Statesman. He specialises in consumer tech, online safety, and emerging risks in the digital landscape.

