



FREEMAN COMMUNITY PRIMARY SCHOOL

From tiny acorns mighty oaks grow.



Friday 12th September 2025

Diary Dates

September

Wednesday 24th September
Individual pupil photos

Thursday 25th September
Year 6 Residential information
@3:30pm

Friday 26th September
Harvest Festival at the Church

October

**Thursday 2nd, Friday 3rd and
Monday 6th October**
Book Fair after school

Tuesday 7th October
Parent Consultations

Thursday 9th October
Parent Consultations

**Wednesday 22nd October-
Friday 24th October**
Year 6 Residential

Friday 24th October
Break up for Half Term

November

Monday 3rd November
Children return to school

Friday 21st November
Willow Class Parent Workshop

Opening comment

It's been another busy week at Freeman. The children have been enjoying our new lunch time equipment, and our after school wrap around care has had its first full week! The classrooms have also been hives of activity with the children settling really well into their learning.

It has also been great to see so many parents attend the Meet the Teacher sessions this week, hopefully they have given you a flavour of what the children will be learning this term. Topic posters have also been sent home via email, so if you didn't make a session these will also give you lots of information about your child's learning.

Stars of the week



Attendance Week beginning 12th September 2025

Acorn: 98.31%

Cherry Tree: 93.7 %

Maple: 99.25%

Beech: 98.89%

Hazel: 94.33%

Willow: 98.21%

Oak: 98.93%

Well done **Maple** for being this week's winners!

House Points so far...

Brett: 174

Deben: 176

Orwell: 127

Gipping: 117

Lark: 153

Stour: 129

Oak Class

Oak Class have had a fantastic and busy start to the term!

We've begun reading our class book *Rooftoppers*, and everyone is really looking forward to diving deeper into the story as we read on. In English, we've been exploring the features of autobiographies and are excited to begin writing our own next week.

We've also launched our new Art unit, which focuses on understanding narratives and descriptive language in visual art. The children have been exploring the meanings behind different paintings and developing their own interpretations and abstract pieces. Our focus artist this week was Richard Backenbarg, and the class responded with creativity and curiosity.



Pupil Premium Funding

Do you receive any of the following?

- Universal Credit with an annual net earned income of no more than £7,400
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part 6 of the Immigration and Asylum Act 1999
- The guarantee element of Pension Credit
- Working Tax Credit run-on (paid for the four weeks after you stop qualifying for Working Tax Credit)
- Child Tax Credit (with no Working Tax Credit) with an annual household income of no more than £16,190

If you can say 'yes' to any of the above you may qualify for Free School Meals (FSM), which triggers Pupil Premium funding

Pupil Premium is **extra Government funding** given to schools for the specific purpose of boosting attainment. Freeman CP School will receive an additional **£1,455 funding per child** which we can use in a variety of ways, including extra support staff and activities, **but we can only apply for this if you claim your free school meals** (even if your child is receiving a lunch at no cost in Reception through to Year 2 or still chooses to have a home packed lunch.)

If your child is in receipt of FSM we can offer financial help towards:

- School uniform
- Breakfast and after-school clubs
- School trips and KS2 residential
- Follow-on music lessons

Lunchtime Donations!

If anyone has any small word play toys they'd be happy to donate to school, we'd be incredibly grateful.

We're excited to include them in a new lunchtime initiative aimed at making playtime even more engaging and fun for the children.

Thank you so much for your support!

Bikes and Scooters

Just a quick reminder: For everyone's safety, we kindly ask that both adults and children refrain from riding bikes or scooters on the playground. It can pose a risk to others, and we really appreciate your support in helping us keep the playground a safe space for all. Thank you for your cooperation!

After School Wrap Around Care

We're excited to share that our after-school wraparound care officially launched last week!

Led by Mrs Kell, Miss Donovan, and Miss Vickers, this vibrant club offers a wide range of fun and creative activities including arts and crafts, LEGO building, colouring, movie time, outdoor play (weather permitting), planting, and so much more!

It's a lively, engaging space where children can unwind, explore, and enjoy themselves after the school day. Plus, we provide healthy snacks to keep them fuelled and happy!

The club runs in two sessions:

- **3:15–4:15pm**
- **4:15–5:15pm**

Each session is priced at **£5 per hour**.

If you're using the government's **Tax-Free Childcare scheme**, you'll only need to pay **£4 per hour**, and the government will contribute the remaining amount. This is the same cost as the other clubs we offer!

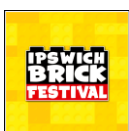


Ipswich Brick Festival

Saturday, 20th September
10.00am – 4.00pm

For further information
visit:

www.brickfestivalevents.com



SENDIASS sessions for parents and carers

Booking is open for our first autumn online session for parents and carers. This session explores the process of support in schools for pupils with special educational needs.

Anyone who registers will have access to a pre-recording to watch on demand and a suite of additional resources.

[SEN support in schools](#)
22 September 2025 (10 – 11:30am)

[SEN Support in Schools Tickets, Mon 22 Sep 2025 at 10:00 | Eventbrite](#)

Lunchtimes Revamped

We're thrilled to share that our efforts to enhance lunchtimes have been a great success! With your generous donations, along with the time and resources invested, children are now enjoying a wide range of engaging activities and games.

It's wonderful to see them so enthusiastic and involved - lunchtimes have truly become a highlight of the day!

Take a look at some of the fantastic equipment and activities they've been exploring.



Friends of Freeman

On behalf of Stowupland Friends of Freeman, welcome back! Last year was a fantastic year of fundraising and events with so many memories made for all of the children. This month we have our AGM, this is a great opportunity to come and find out more about volunteering and the positive impact it can have. We have various roles and appreciate any time you can give during and outside of school hours.



AGM

Monday 29th September

6-7pm

School Hall

Come find out more about fundraising at the school.

Unable to make the meeting but would like to know more email
charity@friendsoffreeman.co.uk

Chocolate BINGO

Friday 17th October

3.30-5.00PM

A fun filled family event with a chance to win lots of sweets and chocolate goodies!
Details of how to buy tickets to be revealed soon!



Water Bottle Reminder

Please can all parents be reminded that bottles need to be filled with water, not juice or squash.

Thank you.



For information | All schools

Free parent/carer online workshops this Autumn term

Topics:

- Supporting young people (11+) with big feelings.
- Supporting young people who self-harm.
- Supporting young people with challenging behaviour.
- Supporting young people with anxiety.
- Supporting young people with low mood.
- Supporting young people manage uncertainty.
- Supporting children/adolescents (11+) with sleep.
- Top tips for supporting young people through exams.

If a parent/carer is unable to attend, by registering for a workshop, they will be sent the video and resources to watch when convenient. (Each workshop is 90 minutes long.)

[Copy of Psychology in schools flyer template](#)



Parent Survey

Freeman Community Primary School are very fortunate to be a part of the Partnership for Inclusion of the Neurodiversity in Schools (PINS) project this year. The aim of the project is to support schools to develop the whole school inclusive practice we offer for neurodivergent pupils. To be able to provide the best support possible, we need parents to complete a survey so that the support we are offered is tailored to meet the needs of our school.

If you have any time to participate in the survey which you can access by using the QR code, we would really appreciate it.

Parent/Carer Survey - Partnership
for Inclusion of Neurodiversity in
Schools Project



What Parents & Educators Need to Know about GROUP CHATS

WHAT ARE THE RISKS?

On messaging apps, social media and online games, group chats are one of the most popular ways that children connect. Group chats allow messages, images and videos to be shared in one place and help friendships flourish; however, they also come with a number of risks.

TEASING AND BULLYING

Children of all ages are keen to fit in socially, and group chats can sometimes complicate that process. While group chats can foster connection, they can also give way to mean comments or jokes at someone's expense, especially when others join in for laughs. When bullying happens publicly, in front of friends and classmates, it can intensify the emotional impact - adding to embarrassment, anxiety and feelings of isolation for the child being targeted.

UNKNOWN MEMBERS

Children often can't control who is added to a group, which can lead to privacy concerns. Sharing personal details in group chats can be dangerous, and children have no control over what others do with the material they send. Some members of the chat might even decide to use such information maliciously.

PEER PRESSURE

Children may feel they have to constantly stay engaged just to be included and keep up with the conversation. In some cases, they might partake in inappropriate behaviours - like sharing explicit photos, jokes or teasing - just to fit in. Group settings can also encourage children to act in ways they normally wouldn't, or stay silent when they know something is wrong, out of fear of being excluded. Some children may find it difficult to leave toxic group chats.

INAPPROPRIATE CONTENT

Some group chats may include inappropriate language or imagery. Even if a child isn't actively participating in the conversation, they may still be exposed to this content simply by being part of the group. Some apps have disappearing messaging features, where content is only available once or for a few seconds, which makes it harder for children to report something they've seen.

EXCLUSION AND ISOLATION

Exclusion in group chats is common and can take several forms. Sometimes a new group is created specifically to leave one child out on purpose. In other cases, the chat may happen on an app that a child doesn't have access to, making it impossible for them to join in. This can cause feelings of being left out - even unintentionally.

VIDEO AND LIVE CHATS

Many popular apps allow children to engage in live streaming with interactive chats or have group video chats. Anyone can be added to these streams, and often children tag peers in the comments and have conversations which are unmoderated. There's a risk of being exposed to inappropriate or violent content and offensive language, either in the group videos or via the group chats.

Advice for Parents & Educators

CONSIDER OTHERS' FEELINGS

Group chats can become an arena for children to compete for social status. Help children consider how people might feel if they behave unkindly. If a child does upset someone, encourage them to reach out, show empathy and apologise for their mistake.

SET SOME GROUP CHAT RULES

Discuss safe group chat practices, such as asking a peer for consent before adding them to a group chat, or leaving a group chat if a stranger is added. Tell children that if they're added to a group they didn't agree to beforehand, it's OK for them to leave immediately.

BLOCK, REPORT AND LEAVE

If a child encounters inappropriate content or feels uncomfortable in a group chat, encourage them to block and report the sender and leave the group. Make sure children know it's OK to leave a group chat if they feel uncomfortable or unsafe.

SUPPORT, NOT JUDGEMENT

Group chats are an excellent way for children to connect and feel like they belong. However, remind them that they can confide in you if they feel bullied or excluded. Instead of responding to the person who's upset them. Validate their feelings and empower them by discussing how they'd like to handle the situation. You can also encourage children to speak up if they witness others being bullied.

PRACTISE SAFE SHARING

It's vital for children to be aware of what they're sharing and who might potentially see it. Ensure they understand the importance of not revealing personal details - like their address, their school, or photos they wouldn't like to be seen widely. Remind them that once something is shared in a group, they can't be certain where it might end up or how it might be used.

SILENCE NOTIFICATIONS

Being bombarded with notifications from a group chat can be an irritating distraction - especially if it's happening late in the evening. Explain to children that they can still be part of a group chat while disabling notifications. In fact, it would be healthier for them to do so, helping them avoid the pressure to respond immediately.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant at BCyberAware, who has developed anti-bullying and cyber-safety workshops and policies for schools in Australia and the UK. She has written various academic papers and carried out research for the Australian government, comparing the internet use and online behaviours of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College